

Wicklow GAA

Coaching & Games

DEVELOPMENT



Coach Upskill Opportunities

Coach Education Programme 2017

Coach Education Courses

Football Coach Development Workshops

Hurling Coach Development Workshops

ABC Nursery Workshops

Club Development

Player Development

Referee Education

Please confirm the dates, times & venues in advance with the coaching & games development team as they may be subject to change depending on numbers and facilities.

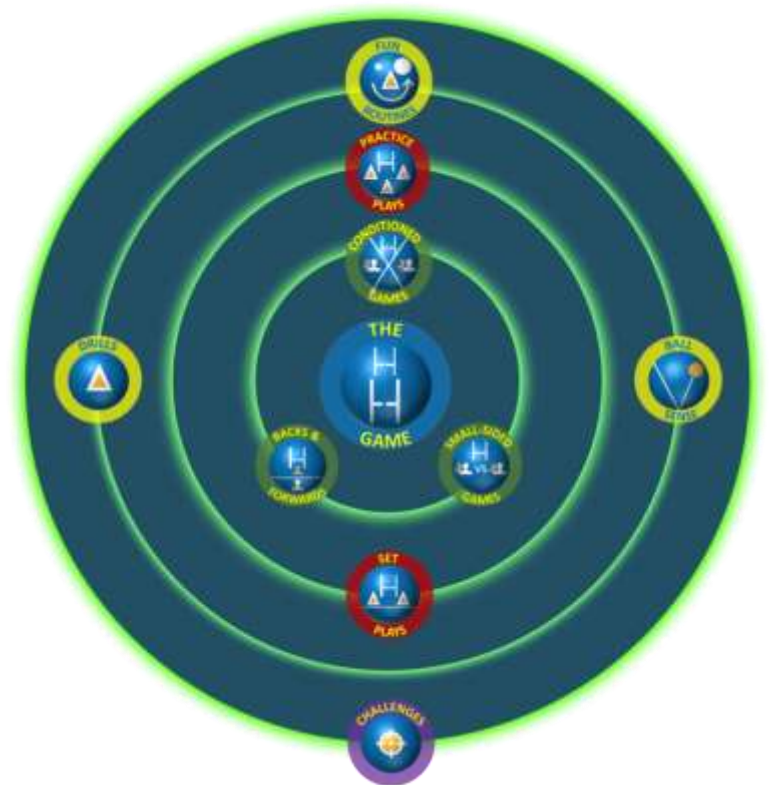
Coaching & Games Development Contacts

Games Manager	Hugh Kenny	087/2718537	hugh.kenny.gamesmanager.wicklow@gaa.ie
GDA	Paul Garrigan	083/4366801	paul.garrigan.gda.wicklow@gaa.ie
GDA	Garrett Doyle	083/4357460	garrett.doyle.gda.wicklow@gaa.ie
GDA	Jonathan Tallon	083/3645136	jonathan.tallon.gda.wicklow@gaa.ie
GDA	Darren Hayden	085/7147357	darren.hayden.gda.wicklow@gaa.ie
Coaching Officer	Owen Doyle	086/3607141	coachingofficer.wicklow@gaa.ie
Hurling Officer	Sean Hayes	087/2672336	seandiggerhayes@gmail.com
Children's Officer	Francis Stephenson	087/2499362	fsmossend@eircom.net

Wicklow GAA Coach Education Programme 2017

Coaches are encouraged to participate practically to maximize their opportunity for learning. Our programme is designed to support all coaches working at child, youth and adult level through specifically planned courses and workshops incorporating all that is good in terms of coaching best practice. Again this year in attempting to meet the mandatory coaching standards as set out by the GAA we are organising the required amount of coaching courses to meet these targets. The Games Development programme for this year provides the best possible support for coaches in relation to Coach Education and Coaching Workshops.





Coach Education Courses

Event	Topic	Target Audience	Venue	Date	Time
Football Foundation Award	E Learning Open	Club Coaches	West Wicklow East Wicklow South Wicklow	Monday 16 th Jan Sunday 29 th Jan	N/A
Football Foundation Award	Practical	Club Coaches	West Wicklow Baltinglass	Tuesday 31 st Jan	6.30pm – 10.30pm
Football Foundation Award	Practical	Club Coaches	East Wicklow Greystones	Thursday 2 nd Feb	6.30pm – 10.30pm
Football Foundation Award	Practical	Club Coaches	South Wicklow Aughrim	Tuesday 7 th Feb	6.30pm – 10.30pm
Hurling Foundation Award	E Learning Open	Club Coaches	West Wicklow East Wicklow South Wicklow	Friday 27 th Jan Sunday 12 th Feb	N/A
Hurling Foundation Award	Practical	Club Coaches	Aughrim	Thursday 16 th Feb	6.30pm – 10.30pm
Football Award 1 Youth & Adult	Session 1	County Players	Ballinakill	Wednesday 25 th Jan	7.30pm – 10.00pm

Football Award 1 Youth & Adult	Session 2 Session 3	County Players	Ballinakill	Saturday 28 th Jan	10.00am – 2.30pm
Football Award 1 Youth & Adult	Session 4	County Players	Ballinakill	Wednesday 1 st Feb	7.30pm – 10.00pm
Football Award 1 Youth & Adult	Session 5 Session 6	County Players	Ballinakill	Saturday 4 th Feb	9.00am – 2.30pm
Football Award 1 Youth & Adult	Session 7	County Players	Ballinakill	Wednesday 8 th Feb	7.30pm – 10.00pm
Football Award 1 Youth & Adult	Session 1	Club Coaches	St Patricks	Tuesday 14 th Feb	7.30pm – 10.00pm
Football Award 1 Youth & Adult	Session 2 Session 3	Club Coaches	St Patricks	Saturday 18 th Feb	10.00am – 2.30pm
Football Award 1 Youth & Adult	Session 4	Club Coaches	St Patricks	Tuesday 21 st Feb	7.30pm – 10.00pm
Football Award 1 Youth & Adult	Session 5 Session 6	Club Coaches	St Patricks	Saturday 25 th Feb	9.00am – 2.30pm
Football Award 1 Youth & Adult	Session 7	Club Coaches	St Patricks	Tuesday 28 th Feb	7.30pm – 10.00pm
Hurling Award 1 Youth & Adult	Session 1	Club Coaches	Ballinakill	Wednesday 11 th Oct	7.30pm – 10.00pm
Hurling Award 1 Youth & Adult	Session 2 Session 3	Club Coaches	Ballinakill	Saturday 14 th Oct	10.00am – 2.30pm
Hurling Award 1	Session 4	Club Coaches	Ballinakill	Wednesday 25 th Oct	7.30pm – 10.00pm

Youth & Adult					
Hurling Award 1 Youth & Adult	Session 5 Session 6	Club Coaches	Ballinakill	Saturday 28 th Oct	9.00am – 2.30pm
Hurling Award 1 Youth & Adult	Session 7	Club Coaches	Ballinakill	Wednesday 1 st Nov	7.30pm – 10.00pm
West Football Foundation Award	Session 1 Session 2	Club Coaches	Baltinglass	Wednesday 22 nd Nov Wednesday 29 th Nov	6.30pm-10.30pm 6.30pm-10.30pm
All County Hurling Foundation Award	Session 1 Session 2	Club Coaches	Ballinakill	Thursday 9 th Nov Thursday 16 th Nov	6.30pm-10.30pm 6.30pm-10.30pm
East Football Foundation Award	Session 1 Session 2	Club Coaches	An Tochar	Wednesday 8 th Nov Wednesday 15 th Nov	6.30pm-10.30pm 6.30pm-10.30pm
Code Of Ethics	Child Protection	Club Coaches	Ballinakill	Monday 13 th Feb	7.30pm – 10.00pm
Code Of Ethics	Child Protection	Club Coaches	Ballinakill	Monday 20 th Feb	7.30pm- 10.00pm

Football Coach Development Workshops

Event	Topic	Target Audience	Venue	Date	Time
Workshop	Go Games Coaching	Under 7/9 Coaches	Dunlavin	Tuesday 7 th March	7.30pm-9.00pm
Workshop	Go Games Coaching	Under 7/9 Coaches	Annacurra	Wednesday 8 th March	7.30pm-9.00pm
Workshop	Go Games Coaching	Under 7/9 Coaches	An Tochar	Thursday 9 th March	7.30pm-9.00pm
Workshop	Mini League	Under 11 Coaches	Blessington	Tuesday 14 th March	7.30pm-9.00pm
Workshop	Mini League	Under 11 Coaches	Carnew	Wednesday 15 th March	7.30pm-9.00pm
Workshop	Mini league	Under 11 Coaches	Rathnew	Thursday 16 th March	7.30pm-9.00pm
Workshop	Breaking Ball	Youth/Adult Coaches	Ballinakill	Saturday 1 st April	11.00am-12.30pm
Workshop	Coaching Tackling	Youth Coaches	West Wicklow	Tuesday 4 th April	7.30pm-8.30pm
Workshop	Coaching Tackling	Youth Coaches	North East Wicklow	Thursday 6 th April	7.30pm-8.30pm
Workshop	Coaching Tackling	Youth Coaches	South Wicklow	Tuesday 11 th April	7.30pm-8.30pm
Workshop	Coaching Kicking for Scores	Youth Coaches	West Wicklow	Thursday 13 th April	7.30pm-8.30pm

Workshop	Coaching Kicking for Scores	Youth Coaches	North East Wicklow	Tuesday 18 th April	7.30pm-8.30pm
Workshop	Coaching Kicking for Scores	Youth Coaches	South Wicklow	Thursday 20 th April	7.30pm-8.30pm
Workshop	Conditioned Games	Youth Coaches	West Wicklow	Tuesday 25 th April	7.30pm-8.30pm
Workshop	Conditioned Games	Youth Coaches	North East Wicklow	Thursday 27 th April	7.30pm-8.30pm
Workshop	Conditioned Games	Youth Coaches	South Wicklow	Tuesday 2 nd May	7.30pm-8.30pm
Workshop	Tackling for Success	Youth/Adult Coaches	Ballinakill	Saturday 27 th May	11.00am-12.30pm
Workshop	Beating the Blanket Defence	Youth/Adult Coaches	Ballinakill	Saturday 10 th June	11.00am-12.30pm
Workshop	Games For Better Team Play	Youth/Adult Coaches	Ballinakill	Saturday 8 th July	11.00am-12.30pm
Workshop	Kicking for Possession	Youth/Adult Coaches	Ballinakill	Saturday 19 th August	11.00am-12.30pm

Hurling Coach Development Workshops

Event	Topic	Target Audience	Venue	Date	Time
Workshop	Go Games Coaching Activities	U7/9 Club Go Games Coaches + CSL	Carnew	Saturday 25 th Feb	11am – 12.30pm
Workshop	Go Games Coaching Activities	U7/9 Club Go Games Coaches +CSL	Dunlavin	Friday 24 th March	7.30pm- 9.00pm
Workshop	Go Games Coaching Activities	U7/9 Club Go Games Coaches + CSL	Kilcoole	Saturday 31 st March	11am – 12:30pm
Workshop	Mini League Coaching Activities	U11 Club Coach + CSL	Ballinakill	Tuesday 21st March	7pm - 8:30pm
Workshop	Fitness with the Sliotar	Club Youth Coach	Ballinakill	Friday 14 th April	7pm – 8:30pm
Workshop	Attacking Play In Hurling	Club Youth Coach	Ballinakill	Friday 19 th May	7pm – 8:30pm
Workshop	Mini League Coaching Activities	U11 Club Coach + CSL	Kiltegan	Tuesday 6 th June	7pm – 8:30pm

Workshop	Games For Better Team Play In Hurling	Club Youth Coach	Ballinakill	Friday 16 th June	7pm – 8:30pm
Workshop	Adapting Fun Games For Hurling	Club Youth Coach	Ballinakill	Friday 14 th July	7pm – 8:30pm
Workshop	Coaching The Tackle In Hurling	Club Youth Coach	Ballinakill	Friday 18 th August	7pm – 8:30pm

Club Development

Event	Topic	Target Audience	Venue	Date	Time
Pre-season Planning	Planning The Year Ahead	Club Coaches	Ballinakill	Monday 30 th Jan	8.00pm – 9.30pm
Coaching Coordinator	Player Pathway	Club Coaching Coordinators	Ballinakill	Wednesday 15 th Feb	7.30pm – 9.30pm
Club School Link	Developing Link	CSL Coaches	Ballinakill	Monday 18 th Sept	7.30pm – 9.30pm

Player Development

Event	Topic	Target Audience	Venue	Date	Time
Gaelic 15 & SAQ	Warm Up/SAQ	Club Coaches	Baltinglass	Monday 6 th Feb	7.30pm-9.30pm
Introduction To Resistance Training	Strength & Conditioning	Club Coaches	Ballinakill	Saturday 11 th Feb	11.00am-12.30pm
The Mark	How to implement the Mark	Club coaches U13 – U17	Ballinakill	Monday 6 th March	8.00pm – 9.00pm
Performance Analysis	Video and data Analysis	Club Coaches	Ballinakill	Monday 20 th March	7.30pm – 9.30pm

ABC Nursery Workshop

Event	Topic	Target Audience	Venue	Date	Time
ABC Workshop	Fundamentals	Nursery Coaches	Baltinglass	Tuesday 28 th Feb	7.30pm – 9.00pm
ABC Workshop	Fundamentals	Nursery Coaches	Greystones	Thursday 2 nd March	7.30pm – 9.00pm
ABC Workshop	Fundamentals	Nursery Coaches	Aughrim	Wednesday 22 nd March	7.30pm – 9.00pm

Referee Education

Event	Topic	Target Audience	Venue	Date	Time
Go Games Referee Course	Go Games Playing Rules	16-Minor	Dunlavin	Tuesday 21 st Feb	7.30pm – 9.30pm
Go Games Referee Course	Go Games Playing Rules	16-Minor	Bray Emmets	Tuesday 21 st Feb	7.30pm – 9.30pm
Go Games Referee Course	Go Games Playing Rules	16-Minor	Aughrim	Wednesday 22 nd Feb	7.30pm – 9.30pm
Go Games Referee Course	Go Games Playing Rules	16-Minor	Wicklow Town	Wednesday 22 nd Feb	7.30pm – 9.30pm
New Referee's Course	Full Referee Rules	18-Adult	Aughrim	Monday 6 th March	7.30pm – 10.00pm

Wicklow GAA Coaching Conference

Event	Topic	Target Audience	Venue	Date	Time
Conference	Youth Player	Club Coaches	TBC	Saturday 29 th April	10.00am-2.00pm

January 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16 West, South & East Wicklow Online Football Foundation Open	17	18	19	20	21	22
23	24	25 Award 1 County Players Football Session 1 Ballinakill	26	27 County Wicklow Online Hurling Foundation Open	28 Award 1 County Players Football Session 2/3 Ballinakill	29 West, South & East Wicklow Online Football Foundation Closed
30 Pre Season Planning Workshop Ballinakill	31 West Wicklow Online Football Foundation Practical Baltinglass					

February 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1 Award 1 County Players Football Session 4 Ballinakill	2 East Wicklow Online Football Foundation Practical Greystones	3	4 Award 1 County Players Football Session 5/6 Ballinakill	5
6 Athletic Development Workshop-Gaelic 15	7 South Wicklow Online Football Foundation Practical Aughrim	8 Award 1 County Players Football Session 7 Ballinakill	9	10	11 Athletic Development Workshop- Introduction to Resistance Training	12 County Wicklow Online Hurling Foundation Closed
13 Code of Ethics Course Ballinakill	14 Award 1 Football Session 1 St Pats	15 Coaching Coordinator Workshop	16 County Wicklow Online Hurling Foundation Practical Aughrim	17	18 Award 1 Football Session 2/3 St Pats	19
20 Code of Ethics Course Ballinakill	21 Award 1 Football Session 4 St Pats Go Games Referee Course 1. Dunlavin 2. Bray Emmets	22 Go Games Referee Course 1. Aughrim 2. Wicklow Town	23	24	25 Award 1 Football Session 5/6 St Pats Hurling U7/U9 Go Games Workshop South Clubs Carnew	26
27 West Wicklow Nursery Workshop Baltinglass	28 Award 1 Football Session 7 St Pats					

March 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1	2 East Wicklow Nursery Workshop Greystones	3	4	5
6 Workshop on The Mark U13/17 Juvenile Coaches New Referee's Course	7 West Wicklow U7/U9 Go Games Coaches Football Workshop Dunlavin	8 South Wicklow U7/U9 Go Games Coaches Football Workshop Annacurra	9 East Wicklow U7/U9 Go Games Coaches Football Workshop An Tochar	10	11	12
13	14 West Wicklow U11 Mini League Coaches Football Workshop Blessington	15 South Wicklow U11 Mini League Coaches Football Workshop Carnew	16 East Wicklow U11 Mini League Coaches Football Workshop Rathnew	17	18	19
20 Performance Analysis Workshop	21 All County Hurling U11 Mini League Coach Workshop Ballinakill	22 South Wicklow Nursery Workshop Aughrim	23	24 Hurling U7/U9 Go Games Workshop West Clubs Dunlavin	25	26
27	28	29	30	31 Hurling U7/U9 Go Games Workshop North/East Clubs Kilcoole		

April 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
					1 Football County Workshop-Breaking Ball	2
3	4 West Wicklow Football Workshop-Tackling	5	6 North East Wicklow Football Workshop-Tackling	7	8	9
10	11 South Wicklow Football Workshop- Tackling	12	13 West Wicklow Football Workshop-Kicking for Scores	14 County Hurling Youth Coach Workshop-Fitness with the Sliotar	15	16
17	18 North East Wicklow Football Workshop-Kicking For Scores	19	20 South Wicklow Football Under Workshop-Kicking for Scores	21	22	23
24	25 West Wicklow Football Workshop- Conditioned Games	26	27 North East Wicklow Football Workshop- Conditioned Games	28	29 Wicklow GAA Coaching Conference	30

May 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	2 South Wicklow Football Workshop- Conditioned Games	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19 County Hurling Youth Coach Workshop- Attacking Play	20	21
22	23	24	25	26	27 County Football Workshop-Tackling For Success	28
29	30	31				

June 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
			1	2	3	4
5	6 All County Hurling U11 Mini League Coach Workshop Ballinakill	7	8	9	10 County Football Workshop- Beating the Blanket Defence	11
12	13	14	15	16 County Hurling Youth Coach Workshop- Games for Better Team Play	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
					1	2
3	4	5	6	7	8 County Football Workshop- Games for Better Team Play	9
10	11	12	13	14 County Hurling Youth Coach Workshop- Adapted Fun Games For Hurling	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18 County Hurling Youth Coach Workshop- Coaching the Tackle	19 County Football Workshop- Kicking For Possession	20
21	22	23	24	25	26	27
28	29	30	31			

September 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18 Club School Link Workshop	19	20	21	22	23	24
25	26	27	28	28	30	

October 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11 Award 1 Youth/Adult Hurling Session 1 Ballinakill	12	13	14 Award 1 Youth/Adult Hurling Session 2/3 Ballinakill	15
16	17	18	19	20	21	22
23	24	25 Award 1 Youth/Adult Hurling Session 4 Ballinakill	26	27	28 Award 1 Youth/Adult Hurling Session 5/6 Ballinakill	29
30	31					

November 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1 Award 1 Youth/Adult Hurling Session 7 Ballinakill	2	3	4	5
6	7	8 East Wicklow Football Session 1 Foundation Course	9 Wicklow Hurling Session 1 Foundation Course	10	11	12
13	14	15 East Wicklow Football Session 2 Foundation Course	16 Wicklow Hurling Session 2 Foundation Course	17	18	19
20	21	22 West Wicklow Football Session 1 Foundation Course	23	24	25	26
27	28	29 West Wicklow Football Session 2 Foundation Course	30			

December 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	28	30	31

Coach Education Course

Foundation €10 per person Award 1 €80 per person Award 2 €150 per person

County Football Workshops

€5 per person

County Hurling Workshops

€5 per person

Nursery Workshops

Free

Club Development

FREE

Player Development

€5 per person

Referee Education

Young Referee €20 Adult Referee FREE

Join, like or follow us for updates on social media: Wicklow GAA Coaching and Games,
Wicklow GAA Facebook pages and on Twitter @wicklowgaa

Like us or follow us!

