



# Éire Óg Greystones GAA

Information Session June 2023



## Understanding Concussion

Dr. Brendan Cuddihy / John Lane



■ RECOGNISING SYMPTOMS

■ SEEKING MEDICAL ATTENTION

■ RETURN TO PLAY PROTOCOLS

■ CURRENT RESEARCH

### View the Talk via links below

- Video: [Video Link - Concussion Talk](#)
- Audio: [Audio Link - Concussion talk](#)
- Presentation: [Presentation Slides - PDF Version](#)

**NOT ALWAYS A KNOCK-OUT.  
IF IN DOUBT, SIT THEM OUT!**